

# Birding Between the Breweries



**July 12, 2018 • Nora Livingston**

\$135 per person / \$125 for Mono Lake Committee members  
enrollment limited to 13 participants

Mono County is notable for spectacular scenery, great birding, and a growing collection of high-elevation breweries. Combine your love for birds and brews on this relaxing afternoon trip, which will introduce you to some great birding at a few local hotspots as well as great beer at some hotspots of another kind. Bring your binoculars, proof of age, and thirst for birds (beginners and experts welcome). We will provide a fourteen-person van and sober birding guide(s). One beverage or tasting flight *per person per brewery* is included in tour fee; participants may purchase additional beverages and food. Please drink responsibly.

This seminar will involve easy walking at elevations ranging from 6,400 to 9,600 feet above sea level. We will wander approximately 1 mile broken up into short intervals over the course of the day, mostly on level terrain.

Nora Livingston is our very own Lead Naturalist Guide. She has spent nine years birding the Mono Basin and is an expert on regional birding locations. She also enjoys a good local craft beer every once in a while. Before moving to Lee Vining permanently, she bounced around California for eight years as a field biologist, studying birds on the Channel Islands, the Farallon Islands, and in the Eastern Sierra.

## ITINERARY

**Thursday, July 12 at 1:00pm:** Meet at the picnic tables in front of the Mobil Gas Station/Whoa Nellie Deli just South of Lee Vining off of Highway 120/Tioga Pass. After brief introductions, we will load into our fourteen passenger van and head to our first birding site. We will then visit the June Lake Brewing Company for a tasting flight or a pint. After a few more birding stops including Owens River Road and the Mammoth Scenic Loop, we will head to Mammoth Brewing Company for another flight or pint. If there is time, we will visit Black Doubt Brewing Company as well.

We will return to the Mobil Gas Station at 6:00pm, where there is free live music for the rest of the night!

***Altitude and Dehydration Cautions:*** Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Alcohol increases your risk of dehydration, so drinking water as well is extremely important! Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

## TO BRING

- binoculars
- field guide(s) (optional)
- ID proving you are over 21 years of age
- sturdy footwear
- day pack
- rain jacket, hat
- sunscreen, sunglasses
- plenty of drinking water



## Mono Lake Committee Field Seminars

P.O. Box 29 • Lee Vining, CA 93541 • (760) 647-6595 • [monolake.org/seminars](http://monolake.org/seminars)