

Sierra Nevada Wildflowers



Leichtlin's Mariposa Lily, *Calochortus leichtlinii*

Nora Livingston

July 14, 2017 • Nora Livingston

\$95 per person / \$85 for Mono Lake Committee members
enrollment limited to 15 participants

Summer in the Sierra brings a river of flowers, and there is endless learning to be had. It's never enough to just see a flower, name it, and move on—identification is a practice, and observation can always enhance your memory of flowers you've seen in the past. In this one-day seminar, we will scour lower wet meadows and canyons for the plethora of blooms and stalks that grace the trails. We will focus on identification and the natural history of the flowers we see. We will also keep our eyes and ears open for birds and other wildlife. This seminar will involve easy hiking at elevations between 6,500 and 9,600 feet above sea level. We will hike 1–2 miles over the course of the day, mostly on level terrain.

Nora Livingston is our very own Lead Naturalist Guide. She leads multiple wildflower trips throughout the summer and enjoys watching the natural progression of species blooming over the length of the season.

ITINERARY

Friday, July 14 at 8:00am: Meet at the Mono Lake Committee Information Center & Bookstore in Lee Vining. After brief introductions, we will spend the day travelling to several wildflower locations depending on what is blooming at the time. Possible locations include Bohler Canyon, Big Sand Flat, Lee Vining Canyon, and the Tioga Pass region. This class will end around 3:00pm.

Altitude and Dehydration Cautions: Remember to bring (and drink!) lots of water because your body loses more water at the higher altitudes of the Mono Basin. Experts recommend that you begin drinking extra water as you drive to higher elevation in order to prevent dehydration and headaches. Also, the sun is rather fierce at high elevations, capable of burning even on cool and cloudy days, so be sure to protect yourself thoroughly using sunscreen, sunglasses, and hat.

MEALS

Please bring a bag/picnic lunch.

TO BRING

- a hand lens and binoculars (both optional, but will enhance your day)
- sturdy footwear
- day pack
- rain jacket
- notebook and pencil/pen
- sunscreen, sunglasses, hat
- picnic lunch
- plenty of drinking water

RECOMMENDED BOOKS

- Blackwell, Laird R. *Wildflowers of the Eastern Sierra & Adjoining Mojave Desert & Great Basin*. Lone Pine Publishing, 2002.
- Elpel, Thomas J. *Botany in a Day^{APG}: The Patterns Method of Plant Identification*. HOPS Press, LLC, 2013.
- Laws, John Muir. *The Laws Field Guide to the Sierra Nevada*. California Academy of Sciences, 2007.



Mono Lake Committee Field Seminars

P.O. Box 29 • Lee Vining, CA 93541 • (760) 647-6595 • monolake.org/seminars